



# Allergen Information

Menu: WORKING MAINS BURGERS

Date Updated: 9 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
BEEF BURGER	Activ <input type="checkbox"/> WHEAT	Activ <input type="checkbox"/> N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	N/A
CHICKEN BURGER	Activ <input type="checkbox"/> WHEAT	Activ <input type="checkbox"/> N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	N/A
BEYOND BURGER	Activ <input type="checkbox"/> WHEAT	Activ <input type="checkbox"/> N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
TURKEY BURGER	Activ <input type="checkbox"/> WHEAT	Activ <input type="checkbox"/> N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



# Allergen Information

Menu: WORKING BOAT DESSERTS

Date Updated: 16 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
JAM ROLY POLY	Activ wheat	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	May	N/A	N/A	N/A	
CHOCOLATE CHEESECAKE	Activ wheat	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
CREAM TEA SUNDAE	Activ wheat	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
ICE CREAM SELECTION	May wheat	Activ	N/A	N/A	Activ	May	N/A	N/A	N/A	N/A	May	N/A	N/A	N/A	
CHEESE BOARD	Activ WHEAT RYE OATS	May	May	May	Activ	May	May	May	May	May	Active	N/A	N/A	N/A	
CHEESE BOARD	Activ BARLEY	May	May	May	Activ	May	May	May	May	May	Active	N/A	N/A	N/A	
VEGAN SUNDAE	Activ WHEAT	N/A	N/A	N/A	May	May	N/A	N/A	N/A	N/A	May	WANUTS,HAZELNU	N/A	N/A	N/A
GF SUNDAE	N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	May	WALNUT,HAZELNU	N/A	N/A	N/A



# Allergen Information

Menu: WORKING BOAT MAINS WINTER 24/25

Date Updated: 23 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
CAESAR SALAD	Activ ▼ WHEAT	Activ ▼	N/A	N/A	Activ ▼	Activ ▼	N/A	N/A	N/A	N/A	N/A	N/A	Activ ▼	N/A
VEGAN CAESAR	Activ ▼ WHEAT	Activ ▼	N/A	N/A	N/A	N/A	Activ ▼	N/A	N/A	N/A	N/A	N/A	N/A	N/A
FISH OF DAY	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Activ ▼	N/A
LIVER AND BACON	Activ ▼ WHEAT	N/A	N/A	N/A	Activ ▼	N/A	Activ ▼	Activ ▼	N/A	May ▼	N/A	N/A	N/A	N/A
FISH AND CHIPS	Activ ▼ WHEAT	N/A	N/A	Activ ▼	Activ ▼	N/A	N/A	Activ ▼	N/A	May ▼	N/A	N/A	Activ ▼	N/A
FISH PIE	Activ ▼ WHEAT	N/A	N/A	Activ ▼	Activ ▼	Activ ▼	Activ ▼	N/A	N/A	N/A	N/A	N/A	Activ ▼	N/A
FLAT IRON STEAK	Activ ▼ WHEAT	Activ ▼	N/A	N/A	Activ ▼	N/A	N/A	Activ ▼	N/A	May ▼	N/A	N/A	N/A	N/A
SQUASH CURRY	Activ ▼ WHEAT	Activ ▼	N/A	Activ ▼	Activ ▼	N/A	Activ ▼	Activ ▼	N/A	May ▼	N/A	N/A	N/A	N/A



# Allergen Information

Menu: WORKING BOAT SIDES

Date Updated: 23 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
CHIPS	May <input type="checkbox"/>	WHEAT	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
CHEESE OR CHILLI CHIPS	May <input type="checkbox"/>	WHEAT	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
NEW POTATOES	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
ONION RINGS	Activ <input type="checkbox"/>	WHEAT	N/A	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A
VEGETABLES	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
SIDE SALAD	N/A	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	N/A
PIGS IN BLANKETS	Activ <input type="checkbox"/>	WHEAT	Activ <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



# Allergen Information

Menu: WORKING BOAT STARTERS

Date Updated: 23 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
SOUP OF DAY	Activ ▼ WHEAT	N/A	N/A	Activ ▼	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
OLIVES	Activ ▼	N/A	N/A	N/A	Activ ▼	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
KOREAN CHICKEN WINGS	Activ ▼ WHEAT	Activ ▼	N/A	Activ ▼	N/A	N/A	Activ ▼	N/A	Activ ▼	N/A	N/A	N/A	N/A	N/A	
CHILLI CORIANDER PRAWNS	N/A	N/A	N/A	N/A	Activ ▼	N/A	Activ ▼	N/A	N/A	N/A	N/A	Activ ▼	N/A	N/A	
GARLIC CHESTNUT MUSHROOM	Activ ▼ WHEAT	N/A	N/A	N/A	Activ ▼	N/A	Activ ▼	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
LAMB SCOTCH EGG	Activ ▼ WHEAT	N/A	N/A	N/A	Activ ▼	Activ ▼	Activ ▼	Activ ▼	N/A	May ▼	N/A	N/A	N/A	N/A	
FRISTO MISTO	Activ ▼ WHEAT	N/A	N/A	N/A	Activ ▼	N/A	N/A	Activ ▼	N/A	May ▼	N/A	Activ ▼	Activ ▼	N/A	
BEER PLATTER	Activ ▼	Activ ▼	N/A	N/A	Activ ▼	N/A	N/A	Activ ▼	Activ ▼	May ▼	May ▼	N/A	N/A	N/A	



# Allergen Information

Menu: working boat sandwiches

Date Updated: 14 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
fish finger sandwich	Activ wheat	N/A	N/A	N/A	Activ	Activ	Activ	Activ	N/A	May	N/A	N/A	Activ	N/A
roast beef ( reuban)	Activ wheat	Activ	N/A	N/A	Activ	Activ	Activ	Activ	N/A	May	N/A	N/A	N/A	N/A
ham and jack cheese	Activ wheat	Activ	N/A	N/A	Activ	Activ	N/A	Activ	N/A	May	N/A	N/A	N/A	N/A
vegan halluomi	Activ wheat	May	N/A	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



# Allergen Information

Menu: **sunday roast**

Date Updated: 14 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
nut roast	Active wheat	N/A	N/A	Active	Active	Active	Active	Active	N/A	N/A	Active walnuts, pecans	N/A	N/A	N/A	
roast beef	Active wheat	N/A	N/A	Active	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
roast chicken	Active wheat	N/A	N/A	Active	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
rigger's roast	Active wheat	N/A	N/A	Active	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
fish of the day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	
roast turkey (christmas months)	Active wheat	N/A	N/A	Active	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	