

Working Boat Allergy Statement

Please speak to your server before placing your order, if you suffer from any food intolerance or allergy.

PLEASE NOTIFY US

We take the presence of allergies and intolerances seriously. Allergen information is provided for our ingredients and dishes, but we ask you to advise us of any allergies or intolerances before you order.

Whilst we have identified the allergens that are in the dishes, please be aware that there may be traces of allergens in the dish due to manufacturing or cooking methods.

DEEP FAT FRYING

Deep fat frying is an important cooking process in our kitchen; the ingredients within dishes which are deep fried will be cooked in the same fryer as other ingredients which may contain allergens and therefore there will be a risk of cross contamination.

CHANGING MENUS

Our chefs are always keen to create new dishes and introduce seasonal specialities. Please check allergen information each time you visit as changes to recipes are made.

OUR KITCHENS

Whilst we make every effort to minimise cross contamination, please be aware that our dishes are made and prepared in an environment where allergen are present.

GENETICALLY MODIFIED FOODS

The policy of this company is that it does not knowingly sell any foods that contain Genetically Modified Organisms (GMOs).

The only exception to this may be cooking oil for deep fat frying. As standard we use a non-GMO rapeseed oil. Due to global pressures, at times, our supplier may need to use vegetable oil, this product cannot be guaranteed as non-GMO.

PLEASE SPEAK TO US

On rare occasions, we may feel we will struggle to safely accommodate your needs, we will do every we can to or offer you a suitable replacement.

THE WORKING BOAT MENUS ALLERGENS GUIDE

V = VEGETARIAN VG = VEGAN VGOR = VEGAN ON REQUEST N = NUTS

WHEN USING THIS ALLERGEN GUIDE - ALLERGENS SHOWN IN RED

DC = DAILY CHANGING - NEED TO CHECK WITH SERVER ON THE DAY

MC = MAY CONTAIN [FOR EXAMPLE MADE IN AN ENVIRONMENT THAT CONTAINS THE ALLERGEN]

MENU WORKING BOAT AUTUMN 2023

SMALL PLATES

Olives

Mediterranean mix 6 Vg

ALLERGENS: /

Bar mix

Olives / smoked almonds / chilli rice crackers 8 Vg N

ALLERGENS: OLIVES: NONE

SMOKED ALMONDS: NUTS MC GLUTEN/ PEANUT/ SOYA/ MILK/ CELERY/ MUSTARD/ SESAME

CHILLI RICE CRACKERS: SOYA MC GLUTEN

Crumbled goat's cheese

Walnut / celery / apple compote 8 V N

ALLERGENS: NUT / CELERY / SULPHATES

Fish fry

Mini battered fish / salt pepper squid / fried prawn / aioli 9

ALLERGENS: BATTERED FISH: FISH/ GLUTEN/ SULPHATE MC MOLLUSC/ CRUSTACEAN

SQUID: MOLLUSC/ WHEAT/ SOYA MC FISH/ CRUSTACEAN

FRIED PRAWN: CRUSTACEAN/ GLUTEN/ SULPHATE MC FISH/ MOLLUSC

AOILI: EGG/ MUSTARD

Fried Camembert

Chilli jam 8 V

ALLERGENS: MILK/ WHEAT/ SOYA/ SULPHATE

Coconut crumbed chicken fillets

Hot green sriracha mayonnaise / gem lettuce / pickled red cabbage 8

ALLERGENS: EGG/ MUSTARD/ MILK/ GLUTEN/ SULPHATE

Piri piri prawn cocktail

Atlantic prawns, piri piri concasse, lemon mayo

ALLERGENS: CRUSTACEAN/ SULPHATES/ EGG/ MUSTARD/ MILK/ MC

GLUTEN/TREENUTS/ PEANUT/ CELERY/ SEASAME/ SOYA

Tasting platter

Choose any 3 small bowls 22

ALLERGENS: CHECK

WORKING BOAT CAESAR & VEGETARIAN

Romaine lettuce / croutes / bacon bits / boiled eggs / parmesan / anchovies / dressing **15**

ALLERGENS: GLUTEN/ EGG/ FISH/ MILK/ MUSTARD/ SOYA

Add Coconut crumbed chicken fillets **5**

ALLERGENS: GLUTEN/ EGG/ MILK/ SULPHATE

Add fried Camembert **5 V**

ALLERGENS: MILK/ WHEAT/ SOYA/ SULPHATE

Vegan Caesar

Romaine lettuce / croutes / crispy not bacon / Italian hard cheese / dressing **15 Vg**

ALLERGENS: GLUTEN SOYA MC NUTS PEANUT SESAME SULPHATES

Root vegetable tagine

Slow cooked squash & roots / preserved lemon / spiced Moroccan sauce / mint pearl
cous

cous / yoghurt flatbread **16 V Vgor**

ALLERGENS: CELERY/ GLUTEN/ MILK/ WHEAT MC PEANUT/ NUT/ SOYA/ SULPHATE/ MUSTARD/ SESAME

BURGERS & MEATS

Lamb tagine

Overnight roast lamb shoulder / preserved lemon / spiced Moroccan sauce / mint pearl
cous

cous / yoghurt flatbread **20**

ALLERGENS: CELERY/ GLUTEN/ MILK/ WHEAT MC NUTS/ PEANUTS/ SOYA/ SULPHATE/ MUSTARD/ SESAME

Steak blue cheese toasted sour dough

Sliced steak / blue cheese / toasted sour dough / caramelized onion chutney **18**

Add chips **3**

ALLERGENS: CELERY GLUTEN MILK SULPHATES

Coconut chicken flatbread

Prime chicken strips / hot green sriracha mayonnaise / gem lettuce / pickled red cabbage
14

ALLERGENS: GLUTEN/ EGG/ MILK/ SULPHATE/ MUSTARD

Add chips **3**

ALLERGENS: GLUTEN/ EGG/ MILK/ SULPHATE

Prime beef burger

Jack cheese / smoked bacon / salad / parmesan truffle mayo / brioche bun / chips **15**

ALLERGENS: GLUTEN EGG MILK MUSTARD SOYA

Rigger's burger with both beef and coconut chicken fillets **Add 5**

ALLERGENS: GLUTEN EGG MILK MUSTARD SOYA

Turkey burger

Maple bacon/ crispy pig/ redcurrant chutney/ chips/ brioche bun **15**

ALLERGENS: GLUTEN EGG MILK MUSTARD SOYA SULPHATES

Plant meat free burger

Vegan meat patty / smoked applewood / tomato / vegan mayo / vegan brioche bun /
chips **15 Vg**

ALLERGENS: GLUTEN SOYA

CORNISH SEAFOOD SELECTION

Whole bake fish

Lemon caper butter / new potatoes / spring greens POA

ALLERGENS: FISH/ MILK

Fish and chips

Prime white fish / our famous beer batter / chips / minted peas / tartare 16

ALLERGENS: GLUTEN/ EGG/ MILK/ FISH/ SOYA/ SULPHATES/ MC MOLLUSC/ CRUSTACEAN

Add Curry sauce 1 **MC NUTS/ PEANUTS/ SOYA/ SESAME**

ALLERGENS: CELERY GLUTEN FISH MILK MUSTARD SULPHATES

Today's catch of the day

Always prime white fish 24

ALLERGENS: FISH/ DAILY CHANGING, PLEASE CHECK

SIDES

Chips 5 Vg

ALLERGENS: MC GLUTEN

Chilli cheese chips Jalapeno / melted cheese / chilli flakes 7 V

ALLERGENS: MILK/ MC GLUTEN

New potatoes Butter / herbs 5 V Vgor

ALLERGENS: MILK

Mixed leaf salad Balsamic oil 5 Vg

ALLERGENS: SULPHATE

Onion rings Local Beer batter 5 V

ALLERGENS: GLUTEN/ SULPHATE MC FISH

Seasonal vegetables Daily changing 5 Vg **ALLERGENS: NONE**

Stones Bakery sourdough Sea salt butter 5 V Vgor

ALLERGENS: GLUTEN/ MILK

DESSERTS

Lemon cheesecake

Lemon curd / clotted cream 8 V

ALLERGENS: GLUTEN/ MILK

Biscoff Affogato

Vanilla ice cream / Biscoff crumb / espresso shot 7 Vg

ALLERGENS: GLUTEN/ SOYA

Banana sticky toffee pudding

Sea salt caramel / vanilla ice cream 8 V

ALLERGENS: GLUTEN/ MILK/ EGGS/ SOYA/ MC NUTS/ PEANUTS

Ice creams

ALLERGENS: DAILY CHANGING, PLEASE CHECK

Local Cheese board supplied by Greet cheese Co, Truro

Apple compote / grapes / wafers 11 V N

ALLERGENS: MILK/ GLUTEN/ MC NUTS - WAFERS NOT SUITABLE FOR NUTS ALLERGIES

Coffee

Ask your server **From 3**